



Five Day or One Week Primary School Programme, 2017

This programme can be completed during a week at the Snow Farm or via five trips throughout a season. It gives students skiing skills and experience, enabling them to take part in the Merino Muster and Snow Farm Schools championships held in September. In addition, students will begin to develop snow craft and experience off-piste skiing. The 5-day programme develops students' skills to the level where they can easily integrate with the Snow Farm's weekend mini/midi merino programmes or the youth development team. Check out our website for the details on all our programmes: www.snowfarmnz.com

Students will emerge from this programme as independent skiers, able to tackle beginner and intermediate terrain around the main basin and beyond. This sets them up for a lifetime involvement with the sport and an active and healthy lifestyle.

Day	Focus
1 Am:	Fitting out with gear, learning the basics of equipment/clothing etc.
Pm:	Motion and balance on skis in flat terrain, fun session
2 Am:	Downhills out of the track, Snow plow braking. Uphill herringbone
Pm:	Downhills in the track, Snow plow turns, Half Snow plow, fun session
3 Am:	Basics of diagonal stride
Pm:	Double poling and kick double poling, fun session
4 Am:	Skating introduction
Pm:	'Off-piste' skiing, fun session
5 Am:	Racing skills: Step turn, pacing, track craft
Pm:	Games and Relays

The course content may vary to accommodate weather, conditions, and the skills of the group.

The unique mix of backcountry and lodge accommodation available at Snow Farm also makes for a fantastic camp experience for your school.

All of our programmes are flexible and we can adjust the content to suit your schools needs and preferences. Feel free to contact us today to discuss how Snow Farm can assist your primary school to achieve its education outside the classroom goals.

The Snow Farm provides the facility, trails, ski equipment and lessons. The school/parents/caregivers are responsible for transport, food and winter clothing. Please ensure each student has warm clothing, hat, gloves, etc.

There will be a contingency day. If a day is cancelled, normally because of bad weather, the contingency day will be used. There will be no refund if the postponement day is not attended. If the weather has closed the field on more than one occasion, there will be no refund.

Cost: \$125/per student. This includes trail pass, ski equipment and lessons. \$45 for season pass holders. Teacher and parent/caregiver helpers no charge.