

Wanaka Primary School Triathlon ~ Friday 16th February 2018

The Wanaka Primary School Triathlon is going to be held in conjunction with the Puzzling World Junior Challenge Triathlon. This event will provide a fun and safe opportunity for **all** Wanaka Primary School students to challenge and compete individually against their peers in a fun and safe environment.

A swim in Lake Wanaka, bike ride along the Wanaka lake front and run around Pembroke Park onto the red carpet and through the Challenge Wanaka finish chute!

A simple and achievable duathlon format will be offered for the 5, 6 and 7 year olds (age at 1st January 2018)

Age Group	Run	Bike	Run
5 years	250m	1km	250m
6 years	250m	1km	250m
7 years	250m	3km	1km

From 8 years and up, all students will have the opportunity to compete in a triathlon.

Age Group	Swim	Bike	Run
8 years	50m	3km	1km
9 years	75m	3km	1km
10 years	100m	3km	2km

Registration:

Registration is **FREE** and will be confirmed when you complete the Google form ([click here](#)) and give permission for your child to participate in the duathlon/triathlon. Your child **must** be registered by **Friday 9th February**. A registration pack will be provided to the school for each registered child and distributed by the classroom teacher a few days before the event.

Registration Pack will include:

- A race number, in the form of a wrist band
- A bike number (kindly donated by Print it Wanaka) that must be mounted between the handlebars of each child's bike
- A helmet sticker to be put on bike helmet
- An ankle timing device
- Tee Shirt

On the day:

From 7.30am-8.45am children/parents deliver their bikes to the bike transition area, on Pembroke Park, in numbered order. The bike transition area will be separated into age groups. Each child **must** have a helmet and this is to be put with their bike in the bike transition area. They can also put their shoes and anything else they need in a plastic bag with their bike and helmet. There will be marshals available to assist you with this. Bikes can be collected after each age group race has finished. There will only be a ten minute time slot for bikes to be collected before the next race starts. Alternatively bikes can be collected at 3.00pm after the last race has finished.

All 5 and 6 year old students are to be dropped to the event by 8.45am and **must** sign in at the Wanaka Primary School tent on Pembroke Park. After their race has finished, children will be bussed back to school. The 7, 8, 9 and 10 year olds will attend school in the morning and will then be bussed down to the event and will then all be bussed back to school after the last race has finished.

If you decide to keep your child down at the event, or take them home after their race, you **must** sign them out with their classroom teacher.

Please ensure your child has sunblock, food, and a water bottle.

Race briefing and event start time:

Race briefing is compulsory for all students and will take place 5 minutes before each race where the swim starts. The race will start in waves with the boys going in the first wave and the girls going in the second wave for each age group.

Age Category	Race Briefing Time	Race Start Time
5 & 6 years	9.25am	9.30am
7 years	10.25am	10.30am
8 years	11.10am	11.15am
9 years	12.10pm	12.15pm
10 years	1.10pm	1.15pm
Prize Giving	4.00pm	4.00pm

Prize Giving:

There will be a prize giving where the top 3 individuals for each age group will be announced and awarded a trophy for the first and medals for the 2nd and 3rd place getters. The prize giving will take place in the finish area at 4pm. You will be able to go onto the Challenge Wanaka website to get live updates on the placing of your child.

Course Overview:

SWIM

The swim leg of the race will be in Lake Wanaka and will run parallel to the shore. The depth of the swim will enable all children to be able to stand up in the water at any time. Children will start in waves in their age group. The Lake Wanaka Swim club will provide support in the water during the swim leg. Non-swimmers will have the option to run along the beach after the last swimmer has left the water instead of swimming.

BIKE

There will be one main transition area, divided into age group categories, as illustrated in the course map. Swimmers will enter the transition area and locate their bike, which will be located in numbered order in age categories. Helmets and footwear are compulsory for the bike leg. The bike will be a loop course that will go along the pavement that runs parallel to Ardmore St towards Stony Creek car park. The 5 and 6 year olds will turn around at Stony Creek and head back through the trees along the path on the lake front. The older children 7-11 years will continue along past Stony Creek along Ardmore St/Mt Aspiring Rd towards Wanaka Station Park. They will turn right into Wanaka Station Park and cross over the park and join the Millennium track opposite Edgewater. They will then head back towards Wanaka and cross over the bridge at Stony Creek before cycling along the gravel path back to the transition area.

RUN

Children will enter the transition area through the entry chute. They will then be required to rack their bikes and run out the exit to the transition area. Children will then run their allocated distance around Pembroke Park before running to the finish line. They will complete the race by running down the red carpet and through the Challenge Wanaka finish chute.

[For Course Map Click Here](#)

PLEASE NOTE: No parents will be allowed in the transition area during the race.

Parent Help:

This is a fantastic opportunity for **all** Wanaka Primary School students to participate in a fun and exciting duathlon or triathlon. It would be great to see as many parents/caregivers down at Pembroke Park to support and cheer on the students. Each classroom teacher requires some parents to help out on the day of the race so please contact your child's classroom teacher if you are available to help.

[REGISTER NOW BY CLICKING HERE](#)