

Challenge Wanaka and Wanaka Primary School Triathlon ~ Friday 15th February 2019

The Wanaka Primary School Triathlon is going to be held in conjunction with the Puzzling World Junior Challenge Triathlon and will provide a fun and safe opportunity for **all** Wanaka Primary School students to challenge and compete individually against their peers in a fun and safe environment.

Swim through Lake Wanaka, bike along the Wanaka lake front and run around Pembroke Park onto the red carpet and through the Challenge Wanaka finish!

A simple and achievable duathlon format will be offered for Year 1, Year 2 and Year 3

Age Group	Run	Bike	Run
Year 1	250m	1km	250m
Year 2	250m	1km	250m
Year 3	250m	3km	1km

From 8 years and up, all students will have the opportunity to compete in a triathlon.

Age Group	Swim	Bike	Run
Year 4	50m	3km	1km
Year 5	75m	3km	1km
Year 6	100m	3km	2km

Registration:

Registration is **free** and will be confirmed when you fill out the Google form [LINK](#) and give permission for your child to participate in the duathlon/triathlon. Your child **must** be registered by **Friday 8th February**. A registration pack for each child will be provided to the school and given out by the classroom teacher a few days before the event.

Registration Pack will include:

- A race number, in the form of a wrist band
- A bike number (kindly donated by Print it Wanaka) that must be mounted between the handlebars of each child's bike
- A helmet sticker to be put on bike helmet
- An ankle timing device
- Tee Shirt (small-128cm, medium-140cm, large-152cm, xlarge-164cm, based on height)

On the day:

From 7.30-8.45 children/parents will need to put their bikes in the bike transition area in numbered order. The bike transition area will be separated into year groups. Each child **must** have a helmet and this is to be put with their bike in the bike transition area. They can also put their shoes and anything else they need in a plastic bag with their bike and helmet. There will be marshals to assist you with this. Bikes can be collected after each race has finished. There will only be a ten minute time slot for bikes to be collected before the next race starts. Alternatively, bikes can be collected at 3.00pm after the last race has finished.

All year 1 and 2 children **must** sign in at the Wanaka Primary School tent on Pembroke Park when they arrive by 8.45am. After their races have finished, they will be bussed back to school. The Year 3, 4, 5 and 6 children will go to school in the morning and will then be bussed down to the event and will then all be bussed back after the last race has finished.

If you decide to keep your child down at the event, or take them home afterwards, you **must** sign them out with their classroom teacher.

Make sure your child has sunblock, food, and a water bottle.

Race briefing & event start time:

Race briefing is compulsory for all students and will take place 5 minutes before each race where the swim starts. The race will start in waves with the boys going in the first wave and the girls going in the second wave for each year group.

Age Category	Race Briefing Time	Race Start Time
Year 1	9.25am	9.30am
Year 2	9.55am	10.00am
Year 3	10.25am	10.30am
Year 4	11.10am	11.15am
Year 5	12.10am	12.15pm
Year 6	1.10pm	1.15pm
Prize Giving	4.00pm	4.00pm

Prize Giving:

There will be a prize giving where the top 3 individuals for each year group will be announced and awarded a trophy for the first and medals for the 2nd and 3rd place getters. The prize giving will take place in the finish area at 4pm. You will be able to go onto the Challenge Wanaka website to get live updates on the placing of your child.

Course Overview:

SWIM

The swim leg of the race will be in Lake Wanaka and will run parallel to the shore. The depth of the swim will enable all children to be able to stand up in the water at any time. Children will start in waves in their age group. The Lake Wanaka Swim club will provide support in the water during the swim leg. Non-swimmers will have the option to run along the beach after the last swimmer has left the water instead of swimming.

BIKE

There will be one main transition area, divided into age group categories, as illustrated in the course map. Swimmers will enter the transition area and locate their bike, which will be located in numbered order in age categories. Helmets and footwear are compulsory for the bike leg. The bike will be a loop course that will go along the pavement that runs parallel to Ardmore St towards Stony Creek car park. The 5&6 year olds will turn around at Stony Creek and head back through the trees along the path on the lake front. The older children 7-11years will continue along past Stony Creek along Ardmore St/Mt Aspiring Rd towards Wanaka Station Park. They will turn right into Wanaka Station Park and cross over the park and join the Millenium track opposite Edgewater. They will then head back towards Wanaka and cross over the bridge at Stony Creek before cycling along the gravel path back to the transition area.

RUN

Children will enter the transition area through the entry chute. They will then be required to rack their bikes and run out the exit to the transition area. Children will then run their allocated distance around Pembroke Park before running to the finish line. They will complete the race by running down the red carpet and through the Challenge Wanaka finish chute.

Course Map: Please see the Challenge Wanaka website - [Link](#)

PLEASE NOTE: No parents will be allowed in the transition area during the race.

Parent Help:

This is a fantastic opportunity for **all** Wanaka Primary School students to participate in a fun and exciting duathlon or triathlon. It would be great to see as many parents/caregivers down at Pembroke Park to support and cheer on the students. Each classroom teacher requires some parents to help out on the day of the race so please contact your child's classroom teacher if you are available to help.

REGISTER NOW BY CLICKING ON THE LINK: [LINK](#)

Bus Timetable for Challenge Wanaka

School: Wanaka Primary School, 7 Ironside Drive, Wanaka

Venue: Pembroke Park, Wanaka, Entrance off Brownston Street

Time	Where and What	Buses	Who
9.35	Collect at school	2 buses	Y3
9.55	Drop at venue	2 buses	Y3
10.20	Collect at school	2 buses	Y4
10.40	Drop at venue	2 buses	Y4
10.45	Collect at venue	2 buses	Y1/2
11.05	Drop at school	2 buses	Y1/2
11.20	Collect at school	2 buses	Y5
11.40	Drop at venue	2 buses	Y5
11.45	Collect at venue	2 buses	Y3
12.05	Drop at school	2 buses	Y3
12.20	Collect at school	2 buses	Y6
12.40	Drop at venue	2 buses	Y6
12.45	Collect at venue	2 buses	Y4
1.05	Drop at school	2 buses	Y4
1.30	Collect at venue	2 buses	Y5
1.50	Drop at school	2 buses	Y5
2.30	Collect at venue	1 bus	Y6
2.50	Drop at school	1 bus	Y6