



'Empowering a Community of Learners - Kia whakamana ai i to hapori- akonga'

DRAFT HEALTH STATEMENT FOR WĀNAKA PRIMARY SCHOOL Term 4 2024 - Term 4 2026

Health Education at Wānaka Primary School is delivered in alignment with the New Zealand Curriculum, Ministry of Education guidelines and Education Review Office recommendations, the aims of our school charter and our school values.

Our programmes of learning in Health are reviewed to ensure they reflect best and current practice, the priorities that are identified by whānau and staff through regular strategic consultation, and most importantly, the needs of our tamariki in an ever-changing society. These programmes of learning are designed in response to these, with a focus on developing the knowledge, skills and attitudes to maintain and enhance student wellbeing.

The Mana Model (Webber and Macfarlane, 2018, 2020) relates to the development of a person's self worth and belonging, and has many links to the vision, principles, values and key competencies of the New Zealand Curriculum. Our school is adopting this model for our health learning, to focus on affirming and developing the mana of our young students, their motivation to achieve, their personal and collective identities, as well as developing their knowledge and skills. This model connects well to the NPD (New Pedagogies for Deep Learning) and Positive Behaviour For Learning (PB4L) pedagogies woven through our school, both of which support the aims of Health Education.

The aims and objectives of our Health Education are implemented through a range of learning experiences in school-wide, pod, class and small group contexts.

These include:

- explicit whole class teaching via planned lessons
- providing learning opportunities in response to the identified needs of individual or groups of students
- 'just-in-time learning' (as a learning opportunity presents itself)
- supervised play activities
- participation in extracurricular activities

Our school will utilise support from experts in our community and outside agencies, such as our police education officer and public health nurse, to help teachers implement units of learning across the year levels.

Information about the content of Health Education is provided for parents through both informal and formal communication, pod and school newsletters, parent evenings, parent-teacher meetings and 1-1 discussions with staff allow opportunities for parents to be aware of the learning happening in health for their tamariki.

Mental Health and Relationships and Sexuality Education are two of the seven key areas of learning. All parents are informed in writing about the content of learning in these areas, prior to a unit beginning, where additional sensitivity and whānau collaboration is needed. These units, supported by our police school community officer, our public health nurse, or other agencies are:

- **Doing the Right Thing** - *this programme aims to promote values that will assist students to become responsible New Zealanders who respect others and the law*
- **Kia Kaha** - *through this programme, students develop strategies for respectful relationships where bullying behaviours are not tolerated*
- **Keeping Ourselves Safe** - *a personal safety programme (including online safety)*
- **Pubertal Change** *(level 3 only)*
- **CHOICE** - *drug education programme*

While our school will provide health learning designed to meet the needs of our student community, we recognise the rights of parents to withdraw their child from a lesson where the content covered conflicts with their personal attitudes or beliefs or that they deem is unsuitable for their child. Parents are asked to advise the principal in writing that they wish to withdraw their child from this learning.